

LOVE MY UNIFORM

Russell Europe size guide

Russell Europe publishes measurements by garment family or individual product. Use the size shown on the LMU product page, then confirm the matching product code with the official supplier guide below.

Measurement guidance	How to measure
Chest / bust	Around the fullest part, tape level under the arms
Waist	Around the natural waist without pulling the tape tight
Inside leg	From the crotch seam to the required trouser length
Garment code	Use the code displayed on the LMU product page for the exact style

Measure around the fullest part of the chest or bust and keep the tape level. For trousers, measure the natural waist. If between sizes, contact LMU before ordering.

Official supplier source: https://www.russelleurope.com/s/size-guide?language=en_GB

Prepared for Love My Uniform. Supplier measurements can be updated without notice; product-code-specific information takes priority.